

56th Annual Blue Jay Relays

Blue Jay Stadium, Rock Port, MO

Tuesday, April 9, 2024

1:00 P.M. Coaches Meeting

Field Events

(4 Attempts, No Finals; 3 Attempts on HJ & PV)

1:30 P.M.	Discus	Girls followed by Boys
Shot Put	Boys followed by Girls	
	High Jump	Girls followed by Boys
	Triple Jump	Boys followed by Girls
	Long Jump	Girls followed by Boys
	Pole Vault	Boys followed by Girls
Javelin	Girls followed by Boys	

Running Events

(All events are girls followed by boys)

(All running events are FINALS ONLY)

2:30 P.M.	3200m Relay	Finals
	100m Hurdles (Girls)	Finals
110m High Hurdles (Boys)	Finals	
	100m Dash	Finals
	800m Relay	Finals
	1600m Run	Finals
	400m Relay	Finals
	400m Dash	Finals
	Break <i>(approximately 15 minutes)</i>	
	300m Low Hurdles (Girls)	Finals
	300m Int. Hurdles (Boys)	Finals
	800m Run	Finals
	200m Dash	Finals
	3200m Run	Finals
	1600m Relay	Finals

Teams: Albany, East Atchison, Hamburg, Maryville, Mound City, Nodaway Valley, North Nodaway, Northeast Nodaway, Platte Valley, Rock Port, South Holt, St. Joseph Christian, Stanberry, Union Star, Worth County